**PreK Lesson Plan (4 and 5 year olds)**

**Bottom Line -** Do Kindness!

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**Bible Story -** The Golden Rule | *Matthew 7:12*

Jesus Blesses the children. (Jesus shows kindness by taking time to interact with kids when no one else did)

**Kindness - Showing others they are important by treating them the same way you want to be treated.**

**Leader Note**

Even if you haven’t spent much time reading the Bible you have no doubt heard the Golden Rule: Do unto others as you would have them do unto you. Jesus shared this golden rule as part of a long message he gave to his followers called the Sermon on the Mount. The golden rule seems like such a simple guideline, yet we often fall short and think of ourselves way more than we think of others. This week at camp we’ll focus on 4 specific character qualities that will help us do unto others. We begin by exploring kindness, we’ll see the kindness of Jesus in action and challenge the campers to leave camp today “doing” more kindness. You’ll notice there is not one specific Bible story focusing on Kindness, instead you’ll have to the chance to briefly explore a few times Jesus showed kindness during his ministry on earth.

**Friendship Circle**

**Supplies** – heart, kindness poster

**What you say:** Hello friends – I am so excited that we get to spend the week together in the \_name of class\_ learning more about Jesus. My name is \_\_\_\_\_\_\_ and I am here with my other amazing leaders \_\_introduce other leaders\_\_. This week at Vacation Bible Camp we will learn from Jesus what it means to “Do Unto Others” and how we can show love to everyone we meet. Every day we will start right here at the Bus Stop as we wait for the bus and our adventure to begin. While we wait for our bus, let’s get to know the friends who will be on this adventure with us this week.

**What you do:** *Hand the heart pillow to a friend and have everyone say, hello \_\_Name of child\_\_. Have them hand the pillow to another child and repeat until everyone has had a turn.*

**What you do:** *Have chairs set up somewhere in the classroom to represent the bus. Tell the children that it is time to board the bus. Call the children by name one by one and have them pick out their bus seat.* Continue until every child has their seat on the bus. Once all the children are on the bus introduce the word of the day – Kindness. Then talk about what a typical day will look like at camp and your classroom expectations (*Kind hands, walking feet, listening ears..) End by singing the song “Wheels on the Bus.”*

*\*\*If you prefer, instead of the chairs you can have the children line up behind the bus driver and have them follow the bus driver around the room.*

**What you say:** Welcome aboard the Do Unto Others (DUO) Bus. Each day we will head out on an adventure to learn from Jesus and hear a Bible story that will teach us how to love others. Today we will talk about the word Kindness *(hold up Kindness poster).* Kindness means “showing others they are important by treating them the same way that you want to be treated.” Some examples of kindness might be holding a door open for someone or sharing a toy. What are some other things that you could do to show kindness? *(discuss)* Show me how you feel when someone treats you with kindness.  *(smile)* That’s right it makes us feel happy!

Another thing that makes me happy is singing songs. Let’s sing a fun song while we are in the bus.

**What you sing:** The Wheels on the bus go round and round *(move your hands around in a circle)* Round and round. Round and round. The wheels on the bus go round and round. All through the town.

* The wipers on the bus go swish, swish, swish *(move arms back and forth)*
* The horn on the bus goes beep, beep, beep *(press imaginary horn)*
* The kids on the bus say, “Jesus loves you!” *(say Jesus loves you! As you wave)*

**Praise & Worship Time**

**What you say:**Here’s our first stop on our bus tour today. It’s time to go to praise and worship time

**What you do***: Line the kids up at the door and move to worship space. Be sure to talk about the expectations as you walk through the hallways and participate in worship. You might want to do a lineup song/chant like this one: My hands are by my side, I’m standing straight and tall. My eyes are looking towards the door. I’m ready for the hall.*

**Exploring the Bible Story**

**Supplies** –The Rhyme Bible Story book

**What you do***: Have the children get back on the “bus”. Pretend to start the bus and start driving and talk about your next stop – the mountains. While you drive to the mountains, teach the “Do Unto Others” Chant to the kids.*

**What you say:**Everyone take a seat, it’s time to continue our “Do Unto Others” bus tour. Our next stop will be in the mountains where Jesus is preaching today. Raise your hand if you have been to the mountains before*. (raise hand)* What do mountains looks like? *(discuss)* Today on our adventure we will learn about the “Golden Rule” and how we should treat people the way that we want to be treated.

**What you do***: Teach the “Do Unto Others” Chant to the kids. And then stop the bus and have the kids get off the bus. Then have the children join you on the floor gathered around the parachute/fabric to read the Bible story of the day!*

**What you say:**While we drive, I want to teach you a special chant that we will say, every day at Vacation Bible Camp. Are you ready?

Leader says: I say Do, You say Kindness

Leader says: Do

Kids say: Kindness

Leader says: Do

Kids say: Kindness

*Repeat*

*Everyone says this together getting louder each time* Love everyone, love everyone, love everyone! (*Make a heart with your hands)*

Here we are at our next stop – the mountains. Put those hands ups in the air. When I give you a high five you can get off the bus.

**What you read:** Jesus Shows Kindness to the Children – pages 300-307 in The Rhyme Bible Storybook

**What you say:**Jesus showed Kindness to the kids. He knew that talking and playing with them would make them happy. Kindness is showing others they are important by treating others the way you want to be treated.

What are some ways that you can show kindness to a brother or sister? *(discuss)* Someone in our class? *(discuss)* What is something kind you will do today? *(discuss)*

Just like Jesus showed kindness to the children, he wants us to show kindness to everyone we meet. If you can **DO KINDNESS** wave your hands in the air. *(wave hands)*

***PRAY*** *Ask if anyone wants to pray and if not lead them in this echo prayer,*

Dear Jesus,

That you for teaching me

To love everyone

And DO KINDNESS

I love you! Amen.

**Small Group Explorations (Bus stops)**

**#1 – Pet Adoption**

**Supplies *–*** stuffed animals

**What to do:** *Set the stuffed animals out in the room. Make sure there is one for every child. One at a time ask each child to go and pick out one of the puppies/kittens to be their special pal and bring it back to the circle. Be sure to keep track of which pet belongs to each child. This will be their pet each day and they will take it home on Thursday. Once all of the pets have been adopted teach the pets the “Do Unto Others” Chant.*

**What to say:** Look at those puppies and kittens over there *(point to pets)* they look sad. How could we show them kindness? *(Discuss)* I think that we should show kindness by adopting one of the pets to be our friend this week. If you think you can show kindness to these pets wave your hands in the air.  *(wave hands)*

Let’s say our Kindness Chant one more time; this time with our pet pals.

Leader says: I say Do, You say Kindness

Leader says: Do

Kid’s say: Kindness

Leader says: Do

Kid’s say: Kindness

*Repeat*

*Everyone says this together getting louder each time* Love everyone, love everyone, love everyone!

**#2 - Pet Home**

**Supplies —** Pet home activity pages\*, crayons or markers, stickers, glue or tape

**What to do:** *Copy the pet home activity pages on cardstock and cut along the dashed lines. Give each child an activity page and set the craft supplies out on the table. Encourage them to decorate their pet’s new home. Once they are done help them assemble their pet home by folding along the solid lines and glueing it together.*

**What to say:** Let’s show kindness to our new pet by making them a special home to stay in during camp week. And then you can take them home at the end of camp.

**Talk about:***What makes your pet special? What are some kind things that you can do with your pet? What is your pet’s name?*

**#3 – Kind Kim/Ken Says**

**Supplies —** none, pet they adopted

**What to do:** *Have the children gather on the floor facing you with their animals. Have one of the leaders say an action and if it is kind they should do the action. If it is unkind, children will NOT do the action.*

**What to say:** Everyone gather around with your new pet and let’s play a game about kindness. If I say something kind and it would make someone smile, do the action. If it is unkind and would make someone sad, do NOT do the action.

Start each statement by saying “**Kind Ken/Kim says…”** and then one of the statements below. Begin by giving an example of kind and unkind statement.

**UNKIND STATEMENTS**

* Stick out tongue
* Roll your eyes
* Say something mean
* Point and laugh at someone
* Tell someone they cannot play with you
* Don’t share your toys

**KIND STATEMENTS**

* Air high five a classmate
* Wave to someone
* Say Jesus loves you
* Smile at someone
* Shake someone’s hand
* Say thank you

**#4 - Pet Celebration**

**Supplies —** music

**What to say:** You have been so kind to your puppies and kittens, and they look so happy. Let’s celebrate with a dance party.

***What to do:*** *Turn on the music and let the children dance with their pets.*

**Take Home Challenge**

**Supplies —** challenge cards & daily sticker

**What to do:** *Have the children gather on the floor and bring the challenge cards with you. Talk about the day and then challenge the kids to complete the challenge at home.*

**What to ask:** What was your favorite part about camp today? What did you learn today?

**What to say:** Great job friends! Today we went to the mountains to learn that Jesus wants us to treat others how we want to be treated and DO KINDNESS. Now it’s time to continue the fun at home. Each day during class, we will have a challenge that you will get to do with the people in your home! Today’s challenge is to do something at your house to help out. You might help feed your pet or help set the table. The key is to do it without being asked and with a smile.

**What to ask:** What are some things you can do to help out at home?

**What to say:** Raise your hand if you accept the challenge to help out at home without being asked. I cannot wait to hear all about it tomorrow as we continue to learn more about how to treat others on the Jesus Tour!

**What to do:** *Send the challenge card and the daily sticker home with each child.*

**Closing Activity**

**Catching Kindness Game**

**Supplies —** Catching Kindness board game

**What to say:** What a fun day at Bible Camp learning about how to Do KINDNESS. Let’s play a fun game and practice spreading kindness.

***What to do:*** *Divide the kids up into groups of 3-5 players with one leader with each team. Each group will need a board game. Start by letting each child decorate their own game piece with the markers and then place their game piece at the start. Take turns letting each child roll the dice and move ahead that many spaces. If they land on space with a heart, draw a card and read what it says. Then continue taking turns until everyone playing gets to the heart of kindness. Once everyone reaches the end open the box of kindness and read the card inside.*